

# CLOTHING SIZE GUIDES

## HI-VISIBILITY & WORK WEAR

### COATS, JACKETS, COVERALLS & POLO SHIRTS

	UK	XS	S	M	L	XL	2XL	3XL	4XL	5XL	6XL	7XL
Chest	Inches	31 - 34	34 - 37	37 - 40	40 - 43	43 - 46	46 - 50	50 - 55	55 - 59	59 - 63	63 - 66	66 - 70

### OVER TROUSERS

	UK	XS	S	M	L	XL	2XL	3XL	4XL	5XL	6XL	7XL
Waist	Inches	30 - 32	32 - 34	34 - 37	37 - 40	40 - 44	44 - 48	48 - 51	51 - 53	53 - 56	56 - 59	59 - 63

### LADIES COMBAT TROUSERS

	UK	8	10	12	14	16	18
Hip	Inches	38.5	39.5	41	42.5	44	45.5
Leg Length	Inches	SHORT -		REG 31		TALL -	

## BASE LAYERS

### MEN'S TOPS

	UK	S	M	L	XL	2XL	3XL	4XL
Chest	Inches	35 - 37	38 - 40	41 - 43	44 - 46	47 - 49	50 - 52	53 - 55

### MEN'S BOTTOMS

	UK	S	M	L	XL	2XL	3XL	4XL
Waist	Inches	30 - 32	33 - 35	36 - 39	40 - 43	44 - 46	47 - 49	50 - 52

### LADIES TOPS

	UK	XS	S	M	L	XL	2XL
Bust	Inches	31 - 33	35 - 37	39 - 41	43 - 45	47 - 49	51 - 53

### LADIES BOTTOMS

	UK	XS	S	M	L	XL	2XL
Hip	Inches	23 - 25	27 - 29	31 - 33	35 - 37	39 - 41	43 - 45

## FIT INFORMATION

Protective clothing should work with the natural movement of the body, not against it. For this reason getting the right fit is important.

Too tight and the clothing will be uncomfortable and movement will be restricted.

Too loose and the clothing can create unnecessary bulk.

Our collections have been designed to enhance performance and movement.

### BUST

Measure across the fullest part and over the shoulder blades, with your arms by your side. Please note your bra size may not reflect your true bust measurement.

### CHEST

Take the measurement across the fullest part, with your arms by your side.

### HIPS

Measure around the fullest part, approximately 8" below the waist.

### WAIST

Around the smallest part of the body at the natural waistline.

